



Please follow these steps to get started:

1. Go to [www.eyegedu.com](http://www.eyegedu.com)
2. Click on the green "Register" button.
3. Type your registration code, then click "Continue"
4. Type in your first and last name. **No Email.** Click continue.
5. Your username will be automatically created, please make note of it. Create your password; please make your password easy to remember.
6. Begin by watching the intro to eyeQ video clip that pops up the first time you log in. Also, please review the information under the "help" link at the top of the page for some useful frequently asked questions.
7. Now you are ready to start using eyeQ! First go to the blue "Comprehension Test" tab and complete a comprehension test. This will give you a baseline of your current comprehension score.
8. Next, click the yellow "Sessions" tab and begin by clicking on Session 1. We recommend that you complete one session every other day. (Sessions can be repeated if the user feels like they are not yet ready to move on.)
9. On alternate days, click on the yellow "Start Now" tab at the bottom of the Sessions list, below "Two-Point Training".. This will keep your eyes "in shape" on the days when you don't do your eye-exercises.
10. Whenever you like, feel free to use the other areas of the program -- like the Games inside orange "Personal Training Center" tab, or read the interesting free books when you click the blue "Reading Center" tab.

Please let me know what questions you may have.

Best regards!

