

SLAP TAP

VISUAL SPATIAL I – Bilateral Integration 2

PURPOSE: To develop your child's gross motor planning ability.

PROCEDURE: Have your child sit with his or her hands placed face down on his or her legs.

Phase 1: Lift the **RIGHT** hand up, without moving any other body part, and put it back down. Repeat for the left hand, right leg, and left leg. Once your child performs smoothly, do the procedure while counting from 1 to 20.

Phase 2: Lift the **RIGHT HAND** and **RIGHT LEG** at the same time without moving the left side of the body. Place arm and leg back down. Repeat for left hand and left leg. Once your child performs smoothly, do the procedure while counting from 1 to 20.

Phase 3: Lift the **RIGHT HAND** and **LEFT LEG** at the same time without moving any other body parts. Place hand and leg back down. Repeat for left hand and right leg. Once your child performs smoothly, do the procedure while counting from 1 to 20.

Phase 4: Follow the pattern shown on the worksheet that is provided. The circles represent the hands and the triangles represent the feet/legs. If the shape appears to the **LEFT** of the line, your child should tap the left hand and/or foot; if the shape appears to the **RIGHT** of the line, tap the right hand and/or foot; if the shape appears **ON** the line, tap both hands and/or both feet. There are 3 different levels of difficulty. This week, start with worksheet _____.

GOAL FOR THE WEEK:

Handout developed by The Studt Center for Vision Therapy, Southern California College of Optometry, Fullerton CA. Can be modified by the user.

From Scheiman M, Rouse M. Optometric management of learning-related vision problems, 2nd ed. St. Louis: Mosby, 2006.





