

CONTINUOUS MOTION

VISUAL MOTOR III – Fine Motor Control 1

PURPOSE: To improve planning of visually guided fine motor movements.

PROCEDURE: On the following worksheet, circle the number 1 as long as needed until number 2 is found, then draw a line to the number 2. Circle it as long as needed until number 3 is found. Continue to circle each number in numerical order until reaching number 30. The pencil should be moving at all times; do not lift the pencil from the paper. Try to get through all the numbers smoothly without any mistakes or head movements.

Therapist, check possible modifications.

___ 1) only allowed to circle each number 3 times

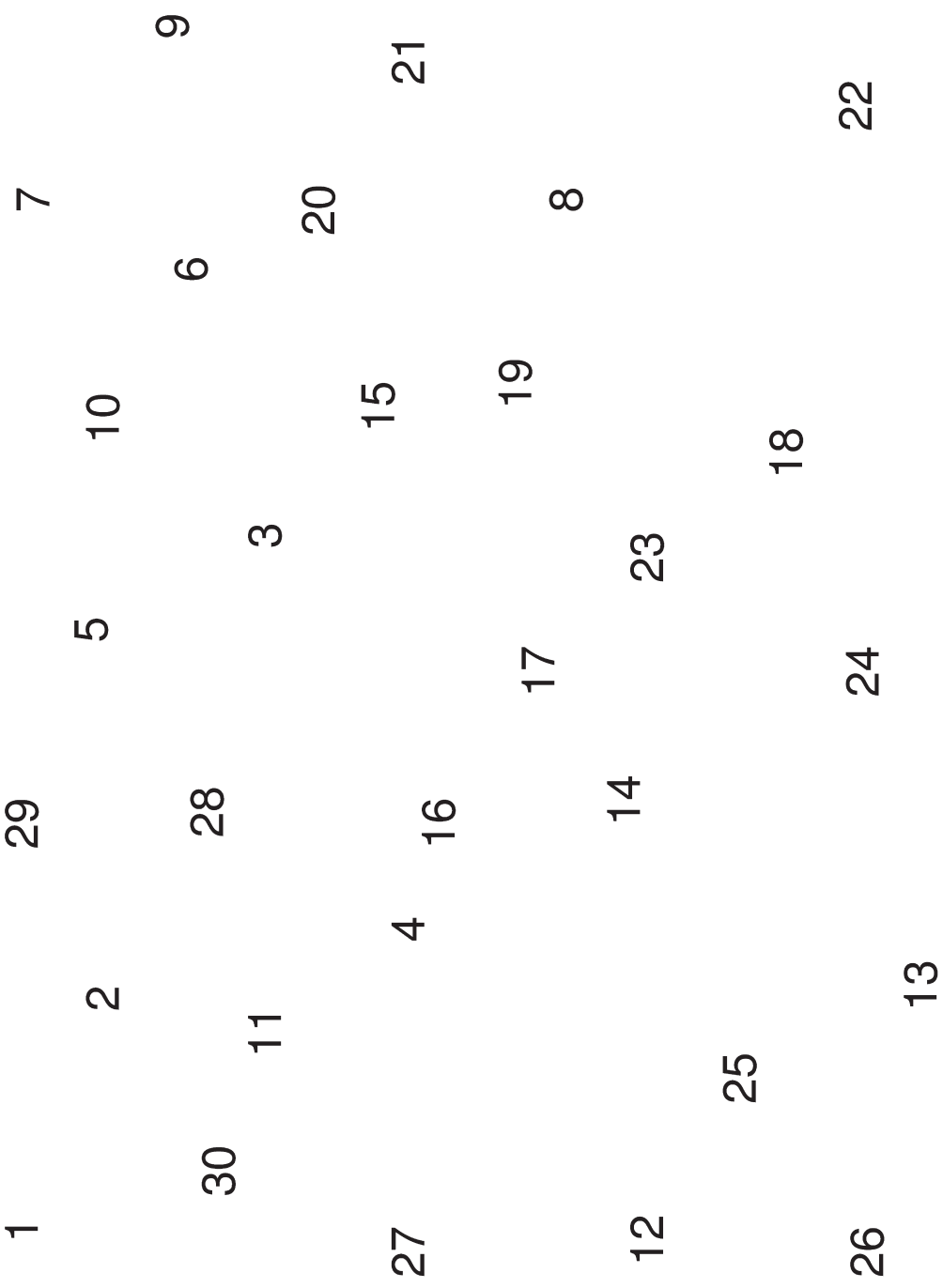
___ 2) circle odd numbers clockwise and even numbers counter-clockwise

GOAL FOR THE WEEK:

Handout developed by The Studt Center for Vision Therapy, Southern California College of Optometry, Fullerton CA. Can be modified by the user.

From Scheiman M, Rouse M. Optometric management of learning-related vision problems, 2nd ed. St. Louis: Mosby, 2006.

CONTINUOUS MOTION WORKSHEET



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27 1 11 7 3 8 30 4
19 13
28 26
12 17 25 20
18 10 2
6 9 5
15 29 24
22 14 23 16
21

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9 7 1
16 20 13 24
23 2
5 28 12 19 6 17
30 15 18 27 10 26
8 29 14
25 3 11 4 21
22

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