

b-d-p-q SORTING

PURPOSE: To practice quick, accurate visual-verbal recognition of likes and differences simultaneously

APPARATUS: Letter charts (provided), metronome, balance board

METHOD:

1. Place the letter chart:
 - a. in normal reading position, or
 - b. at eye level on the wall or window.
2. Patient is to touch and name each letter in turn, in time with the metronome beat. Vary the rhythm.
3. He is to touch and name any two, and then three, letters. For example, touch and name all b's and p's, or all d's, p's and q's.
4. Patient is to use preferred hand, then the other hand. Also use alternate hands on each step.
5. Repeat these activities without the use of hands.
6. He may vary the procedure by saying the letter sounds (buh, duh, puh, kuh) instead of the letter names.
7. He touches and names all letters that make the "buh" sound (or "duh" or "puh").
8. When an error is made in a line, repeat the line.
9. Work from left to right, but occasionally work from top to bottom, or bottom to top.

ASPECTS TO BE EMPHASIZED:

1. Ability to name the letters accurately and in rhythm with the metronome.
2. Ability to do this with and without the use of hands.
3. Ability to do this seated, standing, or on the balance board.
4. Use the metronome only when naming and touching each letter in turn. Do not use it when naming only certain selected letters.

MONOCULAR _____ BINOCULAR _____ SEPTUM _____ LENSES _____ TIME _____