

FORM RECOGNITION FIELDS

PURPOSE: To expand amount of visual information available for immediate comprehension

APPARATUS: Lens holder with training lenses and special letter chart (provided)

METHOD:

1. Place the training lens holder before the eyes.
2. Hold the special letter chart 13" from the eyes.
3. Posture should be relaxed and easy. Body should be still and free from all extraneous movement.
4. Patient is to look at the small center letter, the V. Try to recognize the first four letters around the V without looking away from the V. Name them. He is to be aware of the strong tendency for his eyes to look away from the V toward the surrounding letters, but **IS NOT TO LOOK AWAY FROM THE V.**
5. Now he should concentrate on seeing the next four letters while still looking at the V. Name them.
6. Repeat this procedure until each block of four letters can be recognized and named in this manner.
7. Now return the patient's attention to the first four letters around the V and attempt to have him see them simultaneously--all at once--as a block of four. Be alert to any tendency for one or another of the letters to fade. Bring it back without looking away from the small central V.
8. Repeat the procedure with each block of four letters until all letters can be seen simultaneously.
9. At all times, patient is to keep looking at the center letter.

ASPECTS TO BE EMPHASIZED:

1. Ability to maintain steady fixation on the center letter and see it clearly.
2. Ability to see the V and the first four letters around it clearly while holding fixation on the V.
3. Ability to see eight letters clearly, 12 letters clearly, etc.
4. Ability to see all letters clearly while looking at the small center V.
5. Ability to see the first four letters as a block, simultaneously, then eight letters as a block, etc.
6. Ability to see all letters as a block, all at once.
7. Ability to see all letters simultaneously as the card is moved:
 - a. further away,
 - b. closer.

MONOCULAR_____BINOCULAR_____SEPTUM_____LENSES_____TIME_____