Directional Triangles
VISUAL SPATIAL III – Directionality 1

PURPOSE: To distinguish the right and left of objects in space.

PROCEDURE: On the following worksheet, touch the triangle on the top row (starting with the first one on the left) with one hand and touch the matching triangle on the bottom of the sheet with the other hand. While doing this, call out the direction of the triangles that are being touched. After your child can do the procedure well, have him or her do it to the beat of a metronome.

GOAL FOR THE WEEK:

(Handout developed by The Studt Center for Vision Therapy, Southern California College of Optometry, Fullerton CA. Can be modified by the user.)
(Scheiman M, Rouse M. Optometric management of learning-related vision problems, 2nd ed. St. Louis: Mosby, 2006.)