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Quick Risk Assessment Tool

1. Print this list off. (See Attachment).
 2. Put a mark beside each item that applies to you or your child.
 3. If the results indicate a likely problem, **call 403-933-5552 or write info@dvvc.ca to book an appointment**. This is especially important if you are a student or work with books, paper, or computers.
 4. Bring this paper with you to the appointment.
- Children: Have any concern of learning or reading disability. **Counts as 21.**
 - Skip lines while reading or copying
 - Lose your place while reading or copying
 - Skip words while reading or copying
 - Substitute words while reading or copying
 - Reread words or lines
 - Reverse letters, numbers or words
 - Use a finger or marker to keep place while reading/writing
 - Read very slowly
 - Poor reading comprehension (unless read to)
 - Difficulty remembering what has been read
 - Low reading tolerance, can only read for a brief time
 - Hold your head too close when reading/writing (within 7-8")
 - Squint, close or cover one eye while reading
 - Unusual posture (head turn/tilt) when reading/writing
 - Headaches following reading/computer work
 - Eyes that hurt or feel tired after close work, like phone use or crafts
 - Feel unusually tired after completing a visually intensive task
 - Double vision: Up and down (vertical)? Side to side (horizontal)? Both (diagonal)?
 - Notice vision blurs at distance when looking up from near work (or the reverse)
 - Have crooked or poorly spaced writing
 - Notice that print seems to move or go in and out of focus
 - Have poor spelling skills
 - Notice that letters or lines "run together" or words "jump" when reading
 - Misalign letters or numbers
 - Make errors when copying
 - Have difficulty tracking moving objects
 - Notice unusual clumsiness, poor concentration
 - Have difficulty with sports involving good hand-eye coordination
 - Have an eye that turns in or out, up or down
 - See more clearly with one eye than the other
 - Feel sleepy while reading
 - Dislike visual tasks requiring sustained concentration
 - Avoid near tasks such as reading (with children, they might fight you on homework).
 - Confuse right and left directions
 - Become restless when working at a desk
 - Find you must "feel" things to see them
 - Experience carsickness, especially when reading while a passenger in a moving car
 - Experience unusual (frequent or forced) blinking
 - Experience unusual eye rubbing
 - Experience dry eyes
 - Experience watery eyes
 - Experience red eyes
 - Have eyes that are bothered by/sensitive to light

Criteria:

- 15-20 points total = Possible functional vision problems
- 21-30 points total = Probable functional vision problems
- Over 30 points total = Definite functional vision problems
- 15+ total points = Functional vision evaluation recommended